

## **Lesson 3**

### **The Girdle (Belt) of Truth**

Ephesians 6:14

<sup>10</sup>Finally, my brethren, be strong in the Lord, and in the power of his might.

<sup>11</sup>Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

<sup>12</sup>For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

<sup>13</sup>Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

<sup>14</sup>**Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;**

<sup>15</sup>And your feet shod with the preparation of the gospel of peace;

<sup>16</sup>Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

<sup>17</sup>And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

<sup>18</sup>Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

*Spiritual warfare takes place in the mind; therefore, our defenses come down to what we believe and think. When our minds are filled with the truth of God, then there is no room for the devil's lies and deceit.*

## I. The Purpose of the Girdle

### A. It was important for Advancing

**1 Pet 1:13:** <sup>13</sup>Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;

- Get rid of those things that clutter the mind and distract it from the task of knowing and applying the truth.
- Remove all impediments!

### B. It was important for Attacking

- The word of God is connected to the belt of truth. The only way to attack the devil is through God's Word.

### C. It was important for Awarding

- We win battles because we have the word stored in us as a testament of our growth (reward).

## II. The Power of the Girdle

### A. The Truth of God

- Truth comes from God. Jn 14:6 : <sup>6</sup>Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.
- God's Truth is absolute. We should take God at his word.
- When we know the truth, it prepares us to defend ourselves against the attacks of Satan

- In order to gain knowledge we have to become student of the Word: in church, in small groups, in personal study, through reading books based solidly on Scripture, through memorization, and other means.

## **B. The Truth in Us**

- God requires for us to become truthful people-people of integrity.
- If we give the devil any place in our life, we are giving him opportunity to gain influence.
- Harboring unconfessed sin is an avenue for an attack against Satan. Eph 4:27: <sup>27</sup>Neither give place to the devil.
- Knowing the truth requires application of it in our lives.
- God is looking for people throughout the earth whose hearts are loyal to Him. 2 Chronicles 16:9: <sup>9</sup>For the eyes of the LORD run to and fro throughout the whole earth, to shew himself strong in the behalf of them whose heart is perfect toward him. Herein thou hast done foolishly: therefore from henceforth thou shalt have wars.
- 3 John 4: <sup>4</sup>I have no greater joy than to hear that my children walk in truth.
- It is no coincidence that, of the six elements of spiritual armor, only one is offensive-the sword, which is the Word of God-and that it would have hung from the soldier's belt, or girdle. So Paul establishes an intimate connection between truth and the Word of God. It's not enough to have a sword (the Bible). We have to have a belt of truthfulness that allows us to take the sword with us wherever we go and implement that truth in and through our life.
- Truth is the primary weapon used to renew our minds and strengthened it against the attacks of the enemy.